

Aut Even Hospital

Orthopaedic Department

**Care Pathway
for
Total Knee Replacement.**

Name	
Hospital Number	
Consultant/Surgeon	
Side	

User identification

Full Name (Print)	Title & Grade	Signature	Initials

Patient Property Disclaimer

I.....being a patient of the Basingstoke and North Hampshire Hospital Foundation Trust, do not wish the hospital to take into Safe custody the money and valuables in my possession.

I understand this means that neither the North Hampshire Hospital NHS trust nor its staff can be held responsible for any loss or damage which may be incurred

Cash/Cheque Book/Credit Cards,etc.....

Other items (eg TV).....

Ward/Department.....Date of Admission.....

Name of Patient.....
 (block capitals)

Signature of patient.....

Name and signature of witness.....
 (member of staff)

Guidelines For Completion of Care Pathway.

Anyone making an entry into the care plan must register in the front of the document

Sign in the appropriate space to confirm the prescribed care has been delivered and only document a problem/variation.

It is the responsibility of the team leader to co-ordinate the care, ensuring that the appropriate members of the team have delivered the prescribed care and completes the document and/or variations.

Variances should be recorded on the communication / variance boxes

If an accident/incident occurs to the patient, the relevant documentation should be completed and it should be record in communication/variance box on each page.

All questions should be completed; if they are not relevant for the patient then this should be stated.

Item marked with an asterisk (*), must have irrelevant information crossed out (i.e. Yes/No)

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Abbreviations

BP	Blood Pressures	NV	Neurovascular
CPM	Continuous Passive Movement	OT	Occupational Therapist
FBC	Full Blood Count	PCA	Patient controlled analgesia
G&S	Group and Save	Physio	Physiotherapist
GP	General Practitioner	SLR	Straight Leg Raise
Hb	Haemoglobin Blood	SQ	Static Quads
IRQ	Inner Range Quads	TPR	Temperature, Pulse and Respirations
IVI	Intravenous infusion	TTO's	To take out drugs
LMP	Last Menstrual period	U &Es	Urea & electrolyte Blood test
MUST	Malnutrition Universal Screening Tool	V	Variance
N/R	Not Required		

ACTS OF DAILY LIVING

ADDRESSOGRAPH

MOBILITY	Yes	No	
Can you move and walk independently?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you use any mobility aids?	<input type="checkbox"/>	<input type="checkbox"/>	Sticks, Crutches, Walking frame, Wheelchair
HYGIENE	Yes	No	
Are you independent with washing and dressing?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you use any aids?	<input type="checkbox"/>	<input type="checkbox"/>	Bath chair, bath board, sock aid, shoehorn, perching stool, raised toilet seat
Comments			
ELIMINATION	Yes	No	
Do you have any problems with your bowels?	<input type="checkbox"/>	<input type="checkbox"/>	If yes what?
When did you last have your bowels open?			
Do you take any medication for your bowels	<input type="checkbox"/>	<input type="checkbox"/>	If yes what?
Do you have any problems passing urine?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you get up at night to pass urine?	<input type="checkbox"/>	<input type="checkbox"/>	How many times?.....
Comments			

NUTRITION	Yes No	
Do you have a good appetite?	<input type="checkbox"/> <input type="checkbox"/>	
Are you on any special diet?	<input type="checkbox"/> <input type="checkbox"/>	Diabetic, gluten free, low fat, low salt, Other.....
If you are a diabetic what type?	Diet, Tablet, Insulin controlled?	
Do you need any help eating or drinking?	<input type="checkbox"/> <input type="checkbox"/>	If yes what?
Do you wear dentures?	<input type="checkbox"/> <input type="checkbox"/>	Upper o Lower o
Have you got them with you	<input type="checkbox"/> <input type="checkbox"/>	
COMMUNICATION	Yes No	
Do you have any problems with your eyesight?	<input type="checkbox"/> <input type="checkbox"/>	If yes what?
Do you have any problems with your hearing?	<input type="checkbox"/> <input type="checkbox"/>	If yes what?
Do you have any problems with your speech?	<input type="checkbox"/> <input type="checkbox"/>	If yes what?
Any other problems with communication	<input type="checkbox"/> <input type="checkbox"/>	Language, Reading etc
Any other information you would like to tell us?		

ADMISSION DAY

Patients Name	Date	
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
Assess Patient and complete assessment form		
Check Patch test result		
Introduce care team and discuss named nurse concept		
Check x-rays, notes, blood results, blood transfusion or G&S for theatre are present on ward		
AV impulse system explained		
Measure and fit anti-embolitic stockings (NPT patients)		
Adequate regular medication available for discharge Yes / No*		
Discuss initial post op care		
Diets until Clear fluids until.....		
Complete Braden <input type="checkbox"/> M&H <input type="checkbox"/> Must <input type="checkbox"/> Thrombosis <input type="checkbox"/> & Falls <input type="checkbox"/> Assessment s		
Seen by anaesthetist Yes / No*		
Pre-medication prescribed Yes / No*		
Confirm planned discharge date		
Own transport available Yes / No*		
Shopping, washing, cleaning help available.		
Temporary GP arranged if required		
Ideal Chair height & Chair position..... Ideal bed height.....		
Rapid Response or Home from Hospital arranged Yes /No*		
<i>Physiotherapy</i>	<i>Initials</i>	<i>Time</i>
Check chest Gait analysis Assess ROM		
Check use of walking aids		
<i>Occupational Therapist</i>	<i>Initials</i>	<i>Time</i>
Discharge equipment issued Yes / No*		

Record TPR ,BP & Sats		
Record pain score		

Communication / Variance

THEATRE DAY PRE OPERATIVE

Patients Name	Date	
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
Administer routine drugs as directed by anaesthetist		
Check TPR and BP.		
Check Glucose levels and record if required.		
Bath / Shower.		
Anti-embolitic stockings fitted (NPT only) Yes / No*		
Prepare clean theatre bed.		
Limb marked Yes / No*		
A.V. Boots available Yes / No*		
Bed Labelled		
Consent form re- signed		
LMP form signed		
Theatre Check List complete		

Communication / Variance

THEATRE DAY POST OPERATIVE

Patients Name	Date	
	Initials	Time
<i>Nursing</i>		
Receive patient and report from recovery nurse		
Post op instructions		
Complete Braden <input type="checkbox"/> M&H <input type="checkbox"/> Assessments		
Passed Urine Time.....		
Commence oral fluids		
When fluids tolerated commence light diet		
Assisted wash and mouth care		
<i>Physiotherapy</i>		
Check chest Check quads control Yes / No*		
Circulatory exercise		

<i>Time</i>									
Record TPR & BP/ Sats									
NV state of affected limb									
Wound clean & dry									
AV impulse system									
Check Venflon / IVI									
Fluid balance chart maintained									
O ² therapy									
PCA pump									
Record pain score									
Analgesia required									
Anti-emetic required									

Communication/ Variance

POST OPERATIVE DAY ONE

Patients Name	Date	
<i>House Officer</i>	<i>Initials</i>	<i>Time</i>
Assess patient and review analgesia Order FBC's and U & E's & check X-ray		
Assess fluid balance and need for IVI/Blood transfusion		
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
Complete Braden <input type="checkbox"/> M&H <input type="checkbox"/> Assessments		
Remove Redivac drains Yes/No/NA*		
Assist with hygiene/mouth care/ foot care.		
Normal diet and fluids		
Encourage to dress in day clothes		
Assess urinary output*		
<i>Physiotherapist</i>	<i>Initials</i>	<i>Time</i>
Check chest, encourage circulatory exercises Static Quads IRQ		
CPM required Yes/No Required range		
Commence Flexion ActivePassive.....		
Straight Leg raise Performed Yes/No* * Quads control Yes /No		
Mobilised with..... Distance.....		
<i>Occupational Therapy</i>	<i>Initials</i>	<i>Time</i>
Flat/Car Assessment Required Yes/No* Discharge equipment issued Yes / No		

<i>Time</i>									
Record TPR & BP									
NV status of limb									
Dressing reduced									
Redivac drain									
AV impulse system									
Check venflon/ IVI									
Maintain fluid balance									
O ² therapy									
Record pain score									
Analgesia required									
Anti-emetic required									
Pressure area care									
Ice /Board exercises									

Communication / Variance

POST OPERATIVE DAY TWO

Patients Name	Date	
<i>House Officer</i>	<i>Initials</i>	<i>Time</i>
Assess patient and review analgesia		
TTO's prescribed		
Assess fluid balance Check FBC's and U & E's		
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
TTO'S ordered		
Complete Braden <input type="checkbox"/> M&H <input type="checkbox"/> Assessments		
Assist with hygiene/ Mouth Care / dressing needs		
Normal diet and fluids		
Remove redivac drains Yes / No*		
Venflon removed Yes/ No / NA*		
Assess elimination problems and action		
<i>Physiotherapist</i>	<i>Initials</i>	<i>Time</i>
Check chest, encourage circulatory exercises Static Quads IRQ		
CPM required Yes/No Required range		
Commence Flexion Active Passive.....		
Straight Leg raise Performed Yes/No* * Quads control Yes /No		
Mobilised with..... Distance.....		
<i>Occupational Therapist</i>	<i>Initials</i>	<i>Time</i>
Flat/Car Assessment Required Yes/No* Discharge equipment issued Yes / No*		

<i>Time</i>									
Record TPR & BP									
Wound clean/dry									
AV impulse system									
Maintain fluid balance									
Record pain score									
Analgesia required									
Anti-emetic required									
Pressure area care									
Board Exercises									
Ice Therapy									

Communication / Variance

POST OPERATIVE DAY THREE

Patients Name	Date	
<i>House Officer</i>	<i>Initials</i>	<i>Time</i>
Assess patient		
Complete district spell, Complete Sick Certificate		
Check x-ray seen Yes / No*		
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
TTO's received Yes / No		
Complete Braden <input type="checkbox"/> M&H <input type="checkbox"/> Assessments		
Encourage independence with hygiene/dressing needs		
Normal diet and fluids		
Assess elimination problems and action		
Discuss discharge plans		
<i>Physiotherapist</i>	<i>Initials</i>	<i>Time</i>
Progress flexion Active.....Passive.....		
CPM Required Yes/No* Required Range		
Mobilising with..... Distance.....		
S Q IRQ SLR Encouraged Stairs Yes/No*		
<i>Occupational Therapist</i>	<i>Initials</i>	<i>Time</i>
Flat /Car assessment completed Yes/No* Discharge equipment issued Yes/No*		

<i>Time</i>									
Record TPR & BP									
Wound check									
AV impulse system									
Record pain score									
Analgesia required									
Anti-emetic required									
Pressure area care									
Board Exercises									
Ice Therapy									

Communication / Variance

POST OPERATIVE DAY FOUR

Patients Name	Date	
<i>House Officer</i>	<i>Initials</i>	<i>Time</i>
Assess patient All discharge paperwork completed		
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
Complete Braden and Moving & Handling Assessments		
Independent with hygiene/dressing needs		
Assess Elimination problems and action		
Confirm discharge plans		
Confirm 6 week follow-up appointment		
List any other relevant care problems		
<i>Physiotherapist</i>	<i>Initials</i>	<i>Time</i>
Progress Flexion Active Passive.....		
CPM required Yes/No * Required Range.....		
Mobilising with..... Distance.....		
Stairs Yes/No* Outpatients PT appointment. Arranged Yes/No*		
<i>Occupational Therapist</i>	<i>Initials</i>	<i>Time</i>
Flat / Car assessment completed Discharge equipment issued		

<i>Time</i>									
Record TPR & BP									
Record NV status									
Wound check									
AV impulse system									
Record pain score									
Analgesia required									
Anti-emetic required									
Pressure area care									
Board Exercises									
Ice Therapy									

Communication / Variance

POST OPERATIVE DAY FIVE

Patient name	Date	
<i>House Officer</i>	<i>Initials</i>	<i>Time</i>
Assess patient All discharge paperwork completed		
<i>Nursing</i>	<i>Initials</i>	<i>Time</i>
Complete Braden and Moving & Handling Assessments		
Independent with hygiene/dressing needs		
Assess Elimination problems and action		
Confirm discharge plans		
Confirm 6 week follow-up appointment		
List any other relevant care problems		
<i>Physiotherapist</i>	<i>Initials</i>	<i>Time</i>
Progress Flexion Active Passive.....		
CPM required Yes/No * Required Range.....		
Mobilising with..... Distance.....		
Stairs Yes/No* Outpatients PT appointment. Arranged Yes/No*		
<i>Occupational Therapist</i>	<i>Initials</i>	<i>Time</i>
Flat / Car assessment completed Yes / No* Discharge equipment issued Yes./No*		

<i>Time</i>									
Record TPR & BP									
Record NV status									
Wound check									
AV impulse system									
Record pain score									
Analgesia required									
Board Exercises									
Ice Therapy									
Pressure area care									

Communication / Variance

ASSESSMENTS

FALLS RISK ASSESSMENT TOOL (ADULT)

Patients Name _____

Likelihood Score: During admission how likely is it that one of the below will increase the risk of your patient falling ?			Assessment 1			Assessment 2			Assessment 3			Assessment 1	
a. Unlikely then score = 1			Score	Likelihood	Total	Score	Likelihood	Total	Score	Likelihood	Total	Risk score	<input type="text"/>
b. May fall then score = 2												Low	<input type="text"/>
c. Very likely then score = 3												Med	<input type="text"/>
												High	<input type="text"/>
1. History of falls (In past 12 months)	None	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							(please ✓ one)	
	One	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Sign Print Date	
	More than One	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
2. Medical Predisposition (see opposite)	None	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Assessment 2	
	One	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Risk score	<input type="text"/>
	More than One	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Low	<input type="text"/>
3. Medication (see opposite)	None	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Med	<input type="text"/>
	One to Three	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							High	<input type="text"/>
	Four Plus	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							(please ✓ one)	
4. Symptoms (see opposite)	None	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Sign Print Date	
	One to Three	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
	Four plus	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
5. Mobility	Walks Independently	0										Assessment 3	
	Does not attempt to walk	0										Risk score	<input type="text"/>
	Walks assisted / with aid	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Low	<input type="text"/>
	Holds onto furniture	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Med	<input type="text"/>
	Forgets, declines or uses aid badly	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							High	<input type="text"/>
	Unsafe transferring	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							(please ✓ one)	
6. Activity	House / bed / chair bound	0										Sign Print Date	
	Walks occasionally	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
	Walks frequently	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
7. Continance	Independent / wearing appliance	0										Assessment 3	
	Nocturia	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Risk score	<input type="text"/>
	Urgency	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Low	<input type="text"/>
8. Mental state / Co-operation level	Good	0										Med	<input type="text"/>
	Fair	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							High	<input type="text"/>
	Poor	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							(please ✓ one)	
9. Diabetic	No	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Sign Print Date	
	Yes	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
10. Diet & Hydration	Normal	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Update weekly until stable.	
	Poor Intake	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Review immediately if patient falls or becomes confused	
11. Sensory Impairment	No	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							Risk Scores	
	Yes	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
12. Fear of falling	No	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							0 - 28 LOW	
	Yes	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							29 -56 MEDIUM	
13. Osteoarthritis	No	0	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>							57 - 84 HIGH	
	Yes	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
14. Number of fractures	None	0											
	One	1	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								
	More than One	2	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>	<input type="text"/> x <input type="text"/> = <input type="text"/>								

FALLS RISK ASSESSMENT TOOL (ADULT)

Patient Name

Step 1– Complete for all patients at risk				
Box 1– Low risk criteria Score 0-28				
	Needed	Achieved	Signed	Date
Education for prevention of falls				
Leaflets				
Educate Patients: Family Friends/ Carer				
Assess patient footwear				
Assess patient environment				
Exercise Class : Balance Training Functional Movement				

Medical Predisposition examples
Postural Hypotension
Arrhythmia
TIA / Stroke
Epilepsy
Vertigo
Neurological Disease
Dementia - Lewy Body
Anxious
Agitated
Acute confusion
Alcohol misuse / withdrawal
High / low BMI score
Other

STEP 2 Discuss with patient and consider the following referrals:					
Assessment 1 Referred		Assessment 2 Referred		Assessment 3 Referred	
Podiatry		Podiatry		Podiatry	
Occupational Therapy		Occupational Therapy		Occupational Therapy	
Dietetics		Dietetics		Dietetics	
Physiotherapy		Physiotherapy		Physiotherapy	
Audiology		Audiology		Audiology	
Ophthalmology		Ophthalmology		Ophthalmology	
Orthotics		Orthotics		Orthotics	
GP / Consultant		GP / Consultant		GP / Consultant	
Pharmacy		Pharmacy		Pharmacy	

Medical examples
Hypnotics
Sedatives
Diuretics
Anti-Hypertensives
Some anti - depressants
Psychotropic
More than four medications
Other

STEP 3 Complete for all patients with medium to high risk score				
Box 2 Medium to High risk criteria Sore 29–84				
	Needed	Achieved	Signed	Date
Increased Observation				
Require 1:1 Nursing				
Special Footwear				
Low Bed				
Medication review				

Assessment 1 Refer to Social Services
Sign
Print
Date

Assessment 2 Refer to Social Services
Sign
Print
Date

Assessment 3 Refer to Social Services
Sign
Print
Date

Symptom examples
Pain
Limited joint mobility
Muscle weakness
Poor balance
Giddiness
Dyskinesia
Impaired eyesight
Abnormal gait
Other

BRADEN SCALE ASSESSMENT

Patients Name

Braden scale risk assessment	Date	REASSESSMENTS			RATIONALE for score
Sensory Perception - Ability to respond meaningfully					
Completely Limited	1				
Very Limited	2				
Slightly Limited	3				
No Impairment	4				
Moisture - degree to which skin is exposed to moisture					
Constantly moist	1				
Very moist	2				
Occasionally moist	3				
Rarely moist	4				
Activity - degree of physical activity					
Bed bound	1				
Chair bound	2				
Walks occasionally	3				
Walks frequently	4				
Mobility - ability to change and control body position					
Completely immobile	1				
Very limited	2				
Slightly limited	3				
No limitations	4				
Nutrition - Usual food intake pattern					
Very poor	1				
Probably inadequate	2				
Adequate	3				
Excellent	4				
Friction and Shear					
Problem	1				
Potential problem	2				
No apparent problem	3				
Excellent	4				
	Total				
Signature / Designation					

Initials

Date

Risk Score Mild 15-18 Moderate 12 - 14 Severe < 11

Braden Scale Notes on Completion

The assessment form should be completed by a trained member or staff

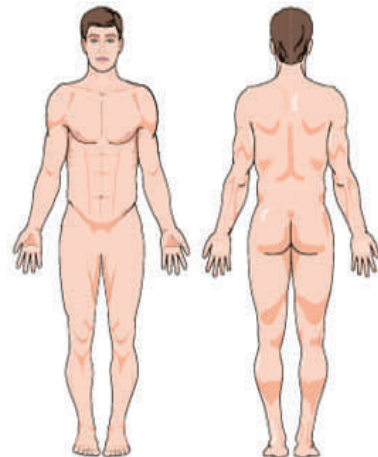
Reassessment

- The date should be entered at the top of the reassessment column.
- Allocate one score to each section then total at the bottom
- Carry out reassessment at least daily for first 5 days then alternate for at least the following 15 days
- Change frequency according to professional judgement
- Reassess post - operatively
- Reassess if any changes in patient condition

Rationale

- Enter brief account to support score.

- A = Abrasion
- B = Burns
- C = Contusions
- D = Dislocations
- F = Fracture
- H = Haemorrhage
- L = Laceration
- N = Numbness
- P = Pain
- S = Swelling
- Pa = Paralysis
- U = Ulcer



BRADEN SCALE ASSESSMENT

Patients Name

Braden scale risk assessment	Date	REASSESSMENTS	RATIONALE for score	
Sensory Perception - Ability to respond meaningfully				
Completely Limited	1			
Very Limited	2			
Slightly Limited	3			
No Impairment	4			
Moisture - degree to which skin is exposed to moisture				
Constantly moist	1			
Very moist	2			
Occasionally moist	3			
Rarely moist	4			
Activity - degree of physical activity				
Bed bound	1			
Chair bound	2			
Walks occasionally	3			
Walks frequently	4			
Mobility - ability to change and control body position				
Completely immobile	1			
Very limited	2			
Slightly limited	3			
No limitations	4			
Nutrition - Usual food intake pattern				
Very poor	1			
Probably inadequate	2			
Adequate	3			
Excellent	4			
Friction and Shear				
Problem	1			
Potential problem	2			
No apparent problem	3			
Excellent	4			
	Total			
Signature / Designation				

Initials

Date

Risk Score Mild 15-18 Moderate 12 - 14 Severe < 11

Braden Scale Notes on Completion

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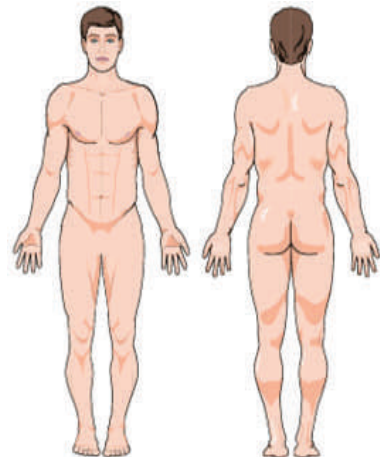
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MALNUTRITION ASSESSMENT (ADULT)

MALNUTRITION UNIVERSAL SCREENING TOOL

Complete for all patients (tick one of the following) Pre-assessment clinic Within 24 hours of admission

Initial Date

Step 1
Calculate BMI Score
 Using BMI score chart

BMI	Score
> 20	0
> 30 (Obese)	0
18.5 - 19.9	1
< 18.5	2

Step 2
Weight Loss Score
 Calculate unplanned weight loss during last 6 months

%	Score
5 %	0
5 - 10%	1
> 10%	2

Step 3
Acute Disease Score
 If patient is acutely ill **AND** they have had or are likely to have no nutritional intake for more than 5days:

%	Score
Yes	2
No	0

Step 4
Overall Risk of Malnutrition
 Add Scores

BMI Score	
Weight Loss Score	
Acute Disease Score	
Total Score	

Step 5

Score 0 = Low Risk

Routine Clinical Care

- Repeat screen on weekly basis during hospital admission

Score 1 = Medium Risk

Observe

- Document 3 day dietary intake
- If intake improves - no further action
- If intake remains poor - encourage regular meals& nourishing snacks / drinks between meals
- Repeat screen on weekly basis during hospital admission

Score 2 or more = High Risk

Treat and Refer*

- Refer all patients to dietitian for assessment and advice
- Repeat screen on weekly basis during hospital admission
- Unless detrimental or no benefit expected from nutritional support (e.g. imminent death)

All risk categories:

- Treat underlying condition and provide help and advice on food choice, eating and drinking.
- Record screen outcome on table below

Obesity

- For patients who are obese, the underlying condition is generally controlled before treating obesity.
- Obese patients are at risk of malnutrition and still require MUST to be completed.

Malnutrition Universal Screening Tool Record Chart

Complete the malnutrition screening tool once a week and document the information below:

	Weight or MUAC	BMI*	Step 1 Score	Step 2 Score	Step 3 Score	Step 4 Total Score	Dietitian/ Nutrition support team referral	Special dietary needs	Next screen date
Example 02/02/04	45 kg	18	2	1	0	3	(Tick if referred) ✓	Diabetic	09/02/04
									Date

Document calculations for weight adjustment before BMI is calculated, e.g Oedema, Ascites, Plaster Cast, amputation

Thrombosis Risk assessment

Patient Name _____

Thrombosis Risk Factor Assessment :	Body Weight <input style="width: 80%;" type="text"/>	AV Boots Required	YES	NO
<input style="width: 90%;" type="text"/> Diagnosis / Type of Surgery	<input style="width: 90%;" type="text"/>	Applied	YES	NO
<input style="width: 90%;" type="text"/> Elective / Emergency Admission	<input style="width: 90%;" type="text"/>	If No - Reason: _____		

Please tick (✓) all relevant boxes (Each risk factor has a value of one (1) unless otherwise stated)

Age 41 to 60	<input type="checkbox"/>	Leg oedema / Ulcers / Stasis	<input type="checkbox"/>
Age 61 to 70 (Score 2)	<input type="checkbox"/>	Hormone therapy HRT / Cons. Pill (Score 2)	<input type="checkbox"/>
Age 70 or over (Score 3)	<input type="checkbox"/>	Hypercoagulable states (SLE)	<input type="checkbox"/>
Varicose veins	<input type="checkbox"/>	Severe COAD	<input type="checkbox"/>
Obesity	<input type="checkbox"/>	Anticipated bed confinement > 72 hours	<input type="checkbox"/>
MI / CHF / AF / CVA	<input type="checkbox"/>	Previous immobilisation > 72 hours	<input type="checkbox"/>
Malignancy	<input type="checkbox"/>	Inflammatory bowel disease	<input type="checkbox"/>
History of DVT / PE (Score 3)	<input type="checkbox"/>	Previous major surgery < 3 months	<input type="checkbox"/>
Planned surgery > 2 hours	<input type="checkbox"/>	Confining travel air / rail / road > 4 hours	<input type="checkbox"/>
Recent orthopaedic surgery > 2 hours	<input type="checkbox"/>	Pregnancy / Post partum < 1 month	<input type="checkbox"/>
Leg oedema / Ulcers / Stasis	<input type="checkbox"/>	Recent pelvic / long bone fractures	<input type="checkbox"/>

< 1 factor = Low Risk	1 Factor = Medium Risk	> 2 factors = High Risk
<ul style="list-style-type: none"> No preventative measures needed Early ambulation required Re-assess if condition alters 	<ul style="list-style-type: none"> Anti - embolic stockings Early ambulation required 	<ul style="list-style-type: none"> Anti - embolic stockings Early ambulation required Enoxaparin /Discuss with Med .Team

Contra - Indications

Anti - Embolic Stockings

<input type="checkbox"/>	Severe Arteriosclerosis or other ischaemic vascular disease (unless advised by a Consultant Doctor)
<input type="checkbox"/>	Patients with local leg conditions e.g. dermatitis, gangrene, recent skin graft
<input type="checkbox"/>	Excessive leg oedema or pulmonary oedema (from congestive heart failure)
<input type="checkbox"/>	Extreme deformity of the legs
<input type="checkbox"/>	Thigh leg stockings should not be used if thigh circumference is greater than listed fitting instructions

Heparin

<input type="checkbox"/>	IV Heparin therapy in progress
<input type="checkbox"/>	Bleeding disorders, platelet imbalance
<input type="checkbox"/>	Patient with active GI bleed
<input type="checkbox"/>	Patient with history of haemorrhagic stroke
<input type="checkbox"/>	All ENT / Ophthalmology patients (unless advised by a Consultant Doctor)

Patient Measurements

Rt. Ankle	Rt.Calf	Rt. Thigh	Rt. Leg length
Lt. Ankle	Lt. Calf	Lt. Thigh	Lt. Leg length
Stocking selected		Date fitted :	Date removed:

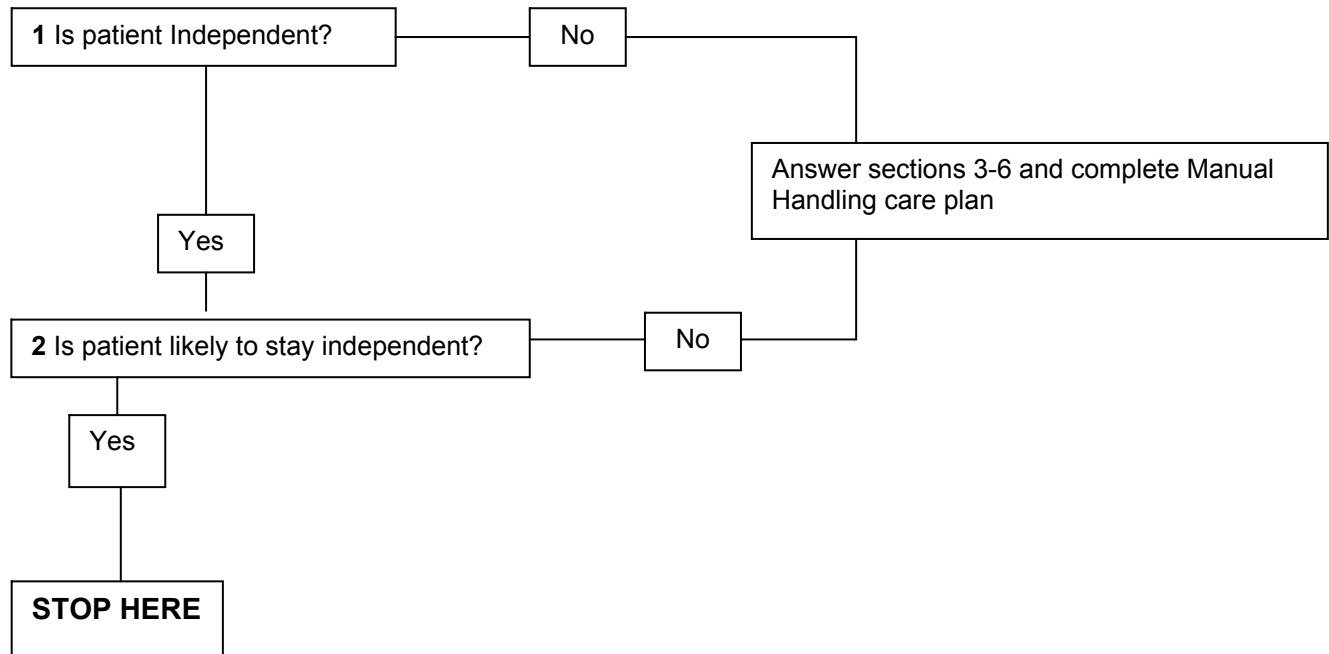
Reason for removal :

Pre op / Admitting Nurse (please circle as appropriate)

Sign _____ Date & Time _____

**BASINGSTOKE AND NORTH HAMPSHIRE NHS FOUNDATION TRUSTS NHS TRUST
DETAILED RISK ANALYSIS FOR THE MOVING, HANDLING & TRANSFERRING PATIENTS**

PATIENT DETAILS			
Patient Label:	Age:	History of Falls?	Yes / No
	Weight: <div style="text-align: right; margin-right: 10px;">Kg</div>	Mobility Aid Used? Yes/No If Yes What type?	
	BMI	Braden Score	
Diagnosis (Where Known)			
PATIENT ABILITY – ALGORITHM			



		Initial Assessment		Revised Assessment (1)		Revised Assessment (2)	
		Yes	No	Yes	No	Yes	No
3	Patient aware of surrounds: may have ability to assist to some degree						
4	Patient able to assist in a limited way: but may be uncooperative or likely to behave unpredictably						
5	Patient is unable to assist in any way: may be unconscious: should be considered as a "dead weight"						
6	Patient is unable to assist in any way and is likely to behave unpredictably						
	Assessor's signature						
	Date and time						

Date:		Date:	
No of Staff Required	Equipment Required	Specific Manoeuvre	No of Staff Required
Turning in bed			
Moving up/down bed			
Sit to Stand / Vice - versa			
Walking			
Toileting			
Bathing			
Name:		Signature:	
Date:		Date:	
No of Staff Required	Equipment Required	Specific Manoeuvre	No of Staff Required
Turning in bed			
Moving up/down bed			
Sit to Stand / Vice - versa			
Walking			
Toileting			
Bathing			
Name:		Signature:	
Date:		Date:	
No of Staff Required	Equipment Required	Specific Manoeuvre	No of Staff Required
Turning in bed			
Moving up/down bed			
Sit to Stand / Vice - versa			
Walking			
Toileting			
Bathing			
Name:		Signature:	
Date:		Date:	

Date:		Date:			
No of Staff Required	Equipment Required	Specific Manoeuvre	No of Staff Required	Equipment Required	Specific Manoeuvre
Name:		Name:		Signature:	

Sling Inspection *		Size * (S) (M) (L) (XL)					Arjo/Liko*			Disposable/non Disposable*	
Attachment Points intact	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
Sling Free from Damage	Y/N										
All stitching intact	Y/N										
W/C / /	Sun								Thur		Sat
W/C / /	Sun								Thur		Sat
W/C / /	Sun								Thur		Sat
W/C / /	Sun								Thur		Sat

Please initial relevant day following completion of sling inspection

(*) Delete as appropriate

DISCHARGE CHECK LIST

Patients Name

For Patients/ Carers	Information	Signature	Date
Written advice give to patient			
Patient care discussed with family /carer			
Family carer advised of discharge date			
Property retuned from safe	Yes / No Type:		
Patient has outdoor clothing for travelling home e.g. footwear			
House keys			
Heating turned on			
Food available			
Equipment installed in patient home			
TTO's	Information	Signature	Date
Prescription ordered /dispensed			
Patient able to administer medication			
Medication instruction discussed and understood by patient / carer			
Medication devise egg NOMAD or Dossette box NOMAD ordered..... Dossette filled by.....			
Transport		Signature	Date
Own transport			
Hospital transport booked	Date Time Type		
Transport notified patient taking equipment with them	Yes / No		
Community Services	Information	Signature	Date
District Nurse CPN referral completed Given to patient/faxed/sent/telephoned			
Dressing catheter pack and equipment provided (7 days provision)			
GP letter given / faxed/ sent / telephoned			
Care package in place or restarted			
Appointments	Information	Signature	Date
Physiotherapy appointment Yes / No			
Given to patient / sent			
Community Physiotherapy required Yes/No			
Safe for discharge	Information	Signature	Date
Venflon removed			
Patient / Carer Signature			
Date	Time		
Nurse discharging Signature			
Date	Time		